

Tip 1 - Validating How You Already Hear God's Voice

There are countless ways to hear the Voice of God in the world, the Voice of your truest and highest self, regardless of the words you use to identify this Presence of God that is within each and every one of us.

Many people think, either consciously or sub-consciously, that the only true way to hear the Inner Voice of God is to hear an audible, distinct voice that is perceived to be separate or different than their own. This belief has arisen in part because there are many stories, past and present, of people hearing God's Voice in this way. This *is* the experience that many people have in the world, and it's one of way we personally experience hearing God's Voice and one of techniques we teach to others.

However, one very important step in opening up to hearing this Voice within you in a very clear and recognizable way is validating how you *already* hear this Voice. God's Voice can be heard in many, many different ways. God can speak to you through signs, feelings, and intuition. God's Voice can be heard as a sense of knowingness or through other symbols in the world such as books, music, tarot cards, runes, pendulums, muscle testing, and through many other methods that give God's Voice a form or expression to speak through. There are countless ways to hear this Voice in your life. If you wish to open up to hearing God's Voice as a distinct and conversational voice within you, the very first thing to do is validate how you already hear this Voice in your life.

My life is a great example of the importance of doing this. Before I began hearing God's Voice as a clear and recognizable Voice within me, I discounted and disbelieved all the other ways of hearing God's Voice in my life. I believed that the only valid and meaningful way to hear God's Voice was as a loud and audible voice within me. As a result, I struggled and cried out with frustration, anger, and tears at not being able to hear God's Voice in the way that I wanted to and thought I should. Feeling utterly hopeless, I often times cursed at God, cried myself to sleep, and prayed to give up my desire to hear God's Voice because the struggle to do so was so agonizing. I realize now that I experienced this heart ache for only one reason—I was attached to hearing God's Voice as an audible voice in my head. I believed it was the only valid way to hear His Voice.

After several years of heartache, and a lot of counseling from this Voice through Candace, who heard God's Voice in a very conversational way, I eventually let go of this dream and accepted *the importance* of acknowledging and validating the ways that I *did* hear this Voice already.

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Contemplating, validating, and acknowledging how I already heard God's Voice in many different ways was a critical first step in opening my mind to the possibility that I could hear God's Voice, that I did hear God's Voice, and that ultimately all ways of hearing God's Voice are equal. By changing my perceptions and beliefs about hearing God's Voice, I was able to open my mind to new possibilities. I was able to open my heart to experiencing God's Voice in new ways. It was only after I had developed a strong, comfortable, peaceful, and validating relationship with God that I eventually opened up to hearing God's Voice as a distinct and conversational voice within me.

I'm not saying that you have to follow in my footsteps in order to hear God's Voice in this way, but I do know that acknowledging, validating, and giving thanks for the ways that you do already hear God's Voice will put you into the right mindset for hearing God's Voice more fully in your life.

Spend some time today or over the course of this week recognizing and acknowledging how you *do* hear God's Voice in your life. Give yourself the opportunity to acknowledge the ways you do hear this Voice, the clarity, insight, and guidance that you *do* receive in your life. When you recognize, validate, and put energy into what already *is* or show appreciation for what you *already have*, that positive, love-based energy builds and grows upon itself.

When students of ours fail to acknowledge and validate all the ways they hear God's Voice and they become attached to or even obsessed with a specific form or method of hearing this Voice, I find that it is much more difficult for them to open up to hearing God's Voice within them because they are constantly telling themselves that they are *not* hearing God's Voice, that they *can't* hear God's Voice, or don't know how to hear God's Voice. When you say those types of messages to yourself over and over again, you lock in or solidify that way of thinking and that experience even more.

Take some time to acknowledge how you already hear this Voice in your life. Make peace with what you do have. Enjoy how you *already* connect with and hear this Voice for Peace and Love in your life. Taking time now to do so is a powerful way to begin opening up to hearing this Voice in new and different ways. Begin this process today so you have a strong foundation for moving forward in hearing God's Voice more fully in your life.

Have a fantastic day. We'll speak with you soon as.