

Tip 4 - Hearing In Different Ways

Once you have gone within, quieted your mind, started the dialog with God, and asked for whatever it is you are seeking, it is then important to be open to God communicating back to you in any and every way possible. God does not limit Himself by only communicating with words. You might think that you are going to hear a big booming Voice in your mind, but more often than not, at least in the beginning, God's Voice is so subtle and natural that it is often times missed.

God might speak to you in words or in thoughts. You might ask a question and suddenly have a thought come to mind that is exactly the right answer to your situation. You might hear a song in your head that tells you exactly what you need to hear. You might ask a question and have a feeling come to you that brings an answer with it. You might be sitting in meditation talking with God and see a picture or even a movie in your mind's eye. Regardless of what comes to mind, that vision or feeling or song is an answer or communication for you.

Whatever it is that you become aware of when you listen for God's reply *is* God response back to you. It doesn't have to be a big, loud, booming voice that appears out of the sky. If that is what you are looking for or if you think it has to be that blatant, obvious, or dramatic in order to be God's Voice, then you might miss the communication that God has for you.

Take a few minutes after listening to this message to sit quietly with your eyes closed. Share with God what's on your mind and ask for communication. Allow yourself to be open to every possible way that God might communicate with you. Become aware of the thoughts, feelings, and symbols that arise within your mind. Allow yourself to acknowledge what you see in your mind's eye or become aware of within.

Trust that if you ask God a question in the quietness of your Right-Mind, God will give you an answer. Be open to all possibilities. Be aware of all types of communication, and allow yourself to really receive, acknowledge, and validate the guidance, love, and comfort that God gives you.

Have a wonderful day.